

**2024 HEALTH BENEFIT RATES**  
**COBRA**

Blue Shield Medical Full Network HMO 15/100 ( <b>High HMO</b> )		
TIER	PREMIUM	
Emp Only	\$	876.57
Emp + Spouse	\$	1,652.33
Emp + Child(ren)	\$	1,498.63
Emp + Family	\$	2,329.41
Blue Shield Trio HMO 15/100 ( <b>Low HMO</b> )		
TIER	PREMIUM	
Emp Only	\$	662.89
Emp + Spouse	\$	1,458.35
Emp + Child(ren)	\$	1,193.20
Emp + Family	\$	2,054.95
Blue Shield Traditional PPO 250/750 ( <b>High PPO</b> )		
TIER	PREMIUM	
Emp Only	\$	969.53
Emp + Spouse	\$	2,133.00
Emp + Child(ren)	\$	1,745.17
Emp + Family	\$	3,005.59
Blue Shield HDHP/HSA PPO 2800/3200/5200 ( <b>Low PPO</b> )		
TIER	PREMIUM	
Emp Only	\$	678.61
Emp + Spouse	\$	1,497.24
Emp + Child(ren)	\$	1,224.33
Emp + Family	\$	2,111.20
MetLife Dental - DPPO		
Emp Only	\$	60.83
Emp + Spouse	\$	119.88
Emp + Child(ren)	\$	146.82
Emp + Family	\$	223.98
MetLife Dental - DMO		
Emp Only	\$	16.68
Emp + Spouse	\$	31.69
Emp + Child(ren)	\$	33.35
Emp + Family	\$	47.53
MES Vision Plan		
Emp Only	\$	11.59
Emp + 1 Dep	\$	20.87
Emp + 2 or more Dep	\$	29.90

